



MichianAA Newsletter

Step 7 "Humbly asked him to remove our shortcomings"

CSO/Intergroup Office Committee

Chair:	Andy L.
Co-Chair:	Open
Treasurer:	Adam W.
Secretary:	Becky C.
Member:	Open
Member:	Brian M.
Member:	Eric K.
Member:	James H.
Member:	Mary G.
Office Manager:	Heidi M.
Correction Facilities:	Mike D.
Grapevine:	Open
Newsletter:	Julie J.
Public Information:	Jeanine B.
Special Events:	Open
Treatment Facilities:	Mary K.
Website:	Marie F.

I resonate with The Doctors nightmare as he struggled with a craving to drink. I have talked about this at length to other alcoholics who have longevity in the program. Most tell me that even though we don't talk in our rooms a lot about the thought of drinking (as our program encourages a spiritual reprieve from the thought of drinking) it is what we do with the thought that is the most important thing.

Presently I'm on a two week vacation with a girlfriend who drinks zero beer. My brother who has over 30 years in the program told me to be very careful to not drink anything that might set off a craving. So I stay away from zero drinks. I have been in the program for many years and have had slips. Having almost had six years of continuous spiritual sobriety I have no desire to imbibe. Mainly because being spiritually sober is a beautiful way to live. Also, if I drink again, I will lose my best friend and life partner of over 40 years as well as my only child and her family. I have put them through enough hell in all of our life together.

There is a diligence for me that is necessary because Alcohol is doing push-ups in the parking lot to get me again. The only way I know is to fully abstain and not indulge in any way that might elicit the craving.

E.W

Tradition Seven

"Every AA group ought to be fully self-supporting, declining outside contributions."



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Newsletter straight to your inbox!

We Accept
Debit/Credit Cards
Now Accepting Apple Pay

Office Hours
Monday & Wednesday 1-5pm
Tuesday & Thursday 9am-1pm
Friday Noon-4pm

Service keeps us sober! Come join us and be part of the CSO. The third Thursday of the month, First United Methodist Church at 333 N. Main, South Bend, IN. at 6:30 pm.

Note: Flyers accompanying this newsletter and announcements within are presented in the spirit of cooperation and are not necessarily affiliated with A.A. or the Michiana Central Service Office/Intergroups

Fellowship Pancake Breakfast



Where: Fellowship House
1438 E. Calvert, South Bend, IN.
When: 1st Sunday of every month
\$3.00 Donation
Time: Food served at 8:00am
Coffee and juice provided
Maple Syrup and Sausage served with
pancakes
Please use sidedoor
Questions: Call John 210-9478

Corn and Sausage Roast Speaker April S.

Sunday August 9th

Potawatomi Park, South Bend

2000 Wall St

Pavilion 1

Setup: 11am

Lunch: 1pm

Speaker: 2:15pm



Corn, Sausage, water and orange
drink provided

Please Bring a sidedish or dessert
to share!

Tickets Only \$5.00

Hosted by the Special Events Committee & CSO

Seventh Step Puzzle

L	H	B	Y	R	E	M	O	V	E	U	H	W	P	G
P	C	H	A	R	A	C	T	E	R	L	U	B	E	R
E	R	T	S	L	Q	S	X	U	M	P	M	O	T	A
A	I	E	J	H	A	Q	F	H	R	S	I	B	S	C
C	J	T	B	N	O	G	X	E	V	P	L	L	H	E
E	Z	I	I	E	R	R	S	G	S	K	I	S	F	A
Z	O	T	P	E	L	T	T	E	Z	H	T	B	K	P
J	Y	L	C	A	I	L	C	C	M	D	Y	W	O	K
J	G	O	R	A	O	U	I	L	O	M	Z	W	R	E
W	I	C	G	S	R	K	U	O	C	M	E	S	A	P
L	J	E	U	I	S	E	V	E	N	R	I	D	S	B
M	D	R	T	Z	M	F	R	Q	L	L	M	N	F	G
N	S	Y	B	U	S	H	L	E	A	G	U	E	G	B
N	H	K	C	R	A	O	S	G	Z	Q	F	H	T	S
B	Y	R	X	B	A	S	F	S	O	G	H	K	O	X

Find these words:

- humility
- security
- prestige
- character
- rebellion
- recoil
- peace
- bushleague
- shortcomings
- remove
- powerless
- sanity
- seven
- step
- grace



CSO Meeting Attendees

Second Chance Group	Birds of a Feather	Ramblers 1-Fellowship
Sober Sparrows	Ruts	Moose Group
There is Hope-Niles	Saturday Night Live	814
Monday Big Book	Grace Friday Night	Friday Night Topic- Niles
Sunday Night Live	Otherside Group	Portage Group
8:04		

SATURDAY NIGHT LIVE

Speaker meeting, Fellowship House

1438 E. Calvert, 7:30 pm

July

- 4 - Sedrick M.
- 11 - Ashley A.
- 18 - Annie S.
- 25 - Deb W.

August

- 1 - Melissa J.
- 8 - Bobbie N.
- 15 - Doug H.
- 22 - Jim Y.
- 29 - Mary D.

Sunday Afternoon Open Speaker Meeting

1st United Methodist Church, 333 N. Main 4:00pm

July

- 5 - Michelle B.
- 12 - Anita B.
- 19 - Jeni F.
- 26 - Nancy S.

August

- 2 - Brook M.
- 9 - Jim Y.
- 16 - Mark W.
- 23 - Melissa J.
- 30 - Russell B.

Meeting Updates:

Willow Creek 7:30

No longer Meeting

Spring Schedule Mistake:

Sunday 5:00pm Bare Bones meeting at

South Side Christian Church

1329 Jackson Rd., was taken out of the schedule in error. Meeting is still active

5th Dimension Young Peoples Group of AA

Meets online Daily 9:30 pm Eastern

Zoom: 687-118-144 no password

All Ages Welcome!

Anniversaries

June

Kelly G. 8yrs. Ramblers II

Aaron P. 2yrs. Monday Simple Group

Angela F. 1 yr. Ramblers II

Julie Z. 29 yrs. Ardmore Group

Billy - 36yrs 8:04

J.T. - 4 yrs 8:04

Jim Y. - 17 yrs. Auggies

Barb V. - 11yrs. 8:04

Christine - 23 yrs. 50 min.

Phil G. - 21 yrs. New Freedom

Theresa - 2 yrs. Bigbook

Denny A. - 9 yrs. Area Hall

July

Trish C. - 1 yr. Sober Sparrows

Georgia W. - 8 yrs. Ivy Group

Dani J. - 1 yr. Fellowship House

Jill K. - 1 yr. Fellowship House

Adam P. - 10 yrs. Sunday Night Live

Richard F. - 23 yrs. Portage Group

Greg S. - 24 yrs. Portage Group

Ron P. - 54 yrs. Sunday Speaker

Jean P. - 44 yrs. Second Chance Group

Pat N. - 3 yrs. Second Chance Group

Doug H. - 21 yrs. 804 Group

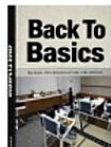
Melissa J. - 6 yrs. 804 Group

Peter C. - 3 yrs. 804 Group

Patty L. - 4 yrs. Ivy Group

Ann P. - 1 yr. Ivy Group

Back to Basics Beginners Meeting



In the Early Days of A.A. Beginners Meetings were an Integral Part of the Recovery Process. In these Four One-Hour Sessions, Newcomers take the First Steps. Twelfth Step. The Majority of them never Drank or Use again.

Back to Basics by Charlie P., Page 32

THE SESSIONS WILL BE HELD AT THE FELLOWSHIP HOUSE, LOCATED AT 1438 CALVERT. MEETINGS START AT 6:00 PM

SESSION #1 Friday August 7 2026 OVERVIEW A7 AR

SESSION #2 Friday August 14 2026 STEPS 2 3 4 5

SESSION #2 Friday August 14 2026 STEPS 5 6 7 8

SESSION #3 Friday August 21 2026 STEPS 10 11 12

SESSION #4 Friday August 28 2026 STEPS 10 11 12

THESE SESSIONS ARE CONDUCTED BY MEMBERS OF ALCOHOLICS ANONYMOUS. NO CHARGE! THE 7TH TRADITION WILL BE OBSERVED. QUESTIONS? CALL DAVE U @ 574-252-9827 OR MARK U @ 574-258-4740

Michiana Central Service Office/Intergroup

818 E. Jefferson Blvd. South Bend IN. 46617

Phone: 574-234-7007

aa_michiana@sbcglobal.net

visit us online at www.michianasober.com

Michiana CSO Statement of Activiy 2026

<u>GROUP INCOME</u>	
MONTH-TO-DATE CONTRIBUTIONS	\$ 1,808.00

<u>OTHER INCOME</u>	
Coffee Can Fund	\$ -
CSO Basket	\$ 49.00
Birthday Club	\$ -
Interest Income	\$ -
Literature Sales	\$ 468.54
Misc. Contribution	\$ 25.00
Misc. Income	\$ -
Newsletter Subscription	\$ -
Special Events Income	\$ 1,161.00
TOTAL OTHER INCOME	\$ 1,703.54
TOTAL ADDED INCOME	\$ 3,511.54

<u>EXPENSES</u>	
Accounting Fees	\$ -
Advertising	\$ 120.00
Answering Service	\$ 98.86
Bank Service Charge	\$ -
Lit er at ure	\$ -
Office Supplies	\$ 449.24
Payroll	\$ -
Payroll Taxes	\$ 1,081.76
Payroll Liabilities	\$ -
Misc. Expense	\$ -
Quicken Subscription	\$ -
Rent	\$ -
Special Events Expense	\$ 550.00
Square Fee	\$ 912.99
Workers Comp Insurance	\$ 7.41
TOTAL EXPENSES	\$ -
	\$ 3,220.26

Net Income \$ 291.28



YEAR-TO-DATE CONTRIBUTIONS \$ 1,187,61

<u>GROUP INCOME</u>	<u>MTD</u>	<u>YTD</u>
12&12 Group St. Paul Episcopal Church	\$ -	\$ 130.00
50 Minutes R.B. Francis Library	\$ -	\$ 195.62
804 Group, Christ the King Lutheran	\$ 169.00	\$ 83.40
814 Group,814East LaSalle		\$ 519.00
All About Me, Fellowship House	\$ -	\$ -
Anonymous Group	\$ -	\$ 100.00
Ardmore Group,Oak TreeCommunityChurch	\$ -	\$ -
Area Hall Groups	\$ 85.00	\$ 385.00
As Bill Sees It , 1st United Methodist	\$ -	\$ -
Auggies Group,SouthSideCOG	\$ -	\$ -
Bare Bones,SouthSideChristianChurch	\$ -	\$ -
Beginners Meeting, Fellowship House	\$ 42.00	\$ 42.00
Big Book Buddies , Fellowship House	\$ -	\$ -
Big Book Study Group , 1st UMC	\$ -	\$ -
Big Book , Fellowship House	\$ 50.00	\$ 210.00
Birds of a Feather, East Methodist Church	\$ -	\$ -
Buchanan Serenity	\$ 160.00	\$ 480.00
Candlelight, Fellowship House	\$ -	\$ -
Center for the Homeless	\$ -	\$ -
Cleveland Road Group, Clay Methodist Firehouse	\$ -	\$ 358.00
District 39	\$ -	\$ -
East Race for Sobriety ,SunnysidePresbyterian Church	\$ -	\$ -
Experience, Strength and Hope,Timberland Church	\$ -	\$ 141.96
Friday Night Fellowship, Grace Methodist Church	\$ -	\$ 313.00
Friday on My Mind,Fellowship House	\$ -	\$ -
Four Square Group	\$ -	\$ -
Got to Work,West Methodist	\$ -	\$ 80.00
Granger Noon Group,St. Pius Church	\$ -	\$ -
Greek Church Meeting	\$ -	\$ -
Happy Lunch Bunch, 415 E. Madison	\$ -	\$ 240.00
Higher Power Group,St. JosephParish	\$ -	\$ 880.00
Hope Ministries Group	\$ -	\$ -
Ivy Group, Zion Church	\$ 120.00	\$ 260.00
Keep It Simple, Granger Missionary Church	\$ -	\$ 420.00
Meditation Meeting Zion Church	\$ -	\$ -
Michiana Conference	\$ -	\$ -
Mishawaka 4 Square, Methodist Church	\$ 360.00	\$ 360.00
Monday Night Step, Grace Methodist Church	\$ -	\$ 342.00
Moose Group, Christ the King Catholic Church	\$ -	\$ 260.40
Morning After Group,Fellowship House	\$ -	\$ 226.80
New Freedom, Timberland Church	\$ 74.00	\$ 161.60
Niles Friday Night Topic	\$ -	\$ 113.00
Niles Grapevine	\$ -	\$ -
Noontime,Fellowship House	\$ 96.00	\$ 318.00
Odd Couple,Osceola Methodist Church	\$ -	\$ -
Old Group,Oak TreeCommunityChurch	\$ -	\$ -
Otherside Group, South-Side Christian Church	\$ -	\$ 300.00
Portage Group, 1st Methodist Church	\$ -	\$ 259.00
Potawatomi Meeting in the Park	\$ -	\$ -
Pots Group Niles	\$ -	\$ 196.00
Prayer and Meditation,Zion Church	\$ -	\$ 208.47
R.U.T.S. , Christ the King Lutheran	\$ -	\$ 123.50
Ramblers II, Fellowship House	\$ -	\$ -
Rebellion Dogs, Timberland Church	\$ -	\$ 43.00
Riverview 500 , 500 Lincolnway East	\$ -	\$ -
Saturday Night Live, Fellowship House	\$ 252.00	\$ 936.00
Second Chance Group ,HolyCrossCollege	\$ -	\$ 688.00
Shipwrecked	\$ -	\$ -
Simple, Fellowship House	\$ -	\$ -
Sisters in Sobriety,Timberland	\$ -	\$ 84.65
Sober Sparrows	\$ -	\$ 185.00
Sobriety for Freedom, Fellowship House	\$ -	\$ -
St. Michael's Big Book	\$ -	\$ -
Starbuck Group, Fellowship House	\$ -	\$ -
Sunday Afternoon Open Speaker Meeting	\$ -	\$ 58.00
Step By Step, Church of the Savior	\$ -	\$ 70.00
Still Workin It, Fellowship House	\$ -	\$ -
Sunday Night Live Group, Christ the King Lutheran	\$ -	\$ 213.81
Sunday Night Serenity, 1st United Methodist	\$ -	\$ -
Sunrise Serenity in Sobriety,SecurityBuilding	\$ 200.00	\$ 600.00
"T" Group , Timberland Church	\$ -	\$ 180.00
There is Hope	\$ -	\$ 50.00
There is A Solution, Church of the Savior	\$ -	\$ 70.00
Three Minute Step, Christ the King Lutheran	\$ -	\$ 459.40
Willow Creek Friday,WillowCreek Methodist	\$ 200.00	\$ 200.00
Turning Point, Northwest Methodist	\$ -	\$ 75.00
Wake Up Call, Fellowship House	\$ -	\$ -
Young & Restless , Fellowship House	\$ -	\$ 257.00