# Michian AA Newsletter

#### CSO/Intergroup Office Committee

Chair:	Brenda W.	
Co-Chair:	Adam P.	
Treasurer:	Teresa M.	
Secretary:	Open	
Member:	Ed W.	
Member:	VR S.	
Member:	Andy L.	
Member:	John S.	
Member:	Adam P.	
Member:	Paul Z.	
Office Manager:	Lisa G.	
Correction Facilities:	Mike D.	
Grapevine:	Emily S.	
Newsletter:	Marc B.	
<b>Professional Committee</b>	Deb W.	
Public Information:	Jessica S.	
Special Events:	Andy L.	
Treatment Facilities:	Mary K.	
Website:	Brendan O.	

#### Intergroup Meeting

The Intergroup Meeting will be held February 16, 2023, at the First United Methodist Church at 333 N. Main St., South Bend, IN at 6:30 P.M.

If you are no longer an Intergroup Rep. please call the office at 234-7007. Don't forget your birthdays!

Tara S.

### Michiana Central Service Office/Intergroup

818 E. Jefferson Blvd. South Bend, IN 46617 Phone: 574-234-7007

E-mail: aa\_michiana@sbcglobal.net Visit us online at: www.michianasober.com

# We accept Debit/Credit cards! Now accepting \*Pay Apple Pay

#### Office Hours

Monday & Wednesday 1-5pm Tuesday & Thursday 9am -1pm Friday noon to 4pm

# **POWERLESS**



It is no coincidence that the very first Step mentions powerlessness: An admission of personal *powerlessness over alcohol* is a cornerstone of the foundation of recovery. I've learned that I do not have the power and control I once thought I had. I am powerless over what people think about me. I am powerless over having just missed the bus. I am powerless over how other people work (or don't work) the Steps. *But I've also learned I am not powerless over some things.* I am not powerless over my attitudes. I am not powerless over assuming responsibility for my own recovery.

I have the power to exert a positive influence on myself, my loved ones, and the world in which I live.

-TWELVE STEPS AND TWELVE TRADITIONS, p. 21

### A.A. Step 1

"We admitted we were powerless over alcohol-that our lives had become unmanageable."

"Dear Lord, Help me to see and admit that I am powerless over my alcoholism. Help me to understand how my alcoholism has led to unmanageability in my life. Help me this day to understand the true meaning of powerlessness. Remove from me all denial of my alcoholism."

## **FELLOWSHIP** Pancake Breakfast



WHERE: FELLOWSHIP HOUSE 1438 E. CALVERT, SOUTH BEND, IN WHEN: 1ST. SUNDAY OF EVERY MONTH \$3.00 DONATION

TIME: FOOD SERVED AT 8:30 AM

COFFEE AND JUICE PROVIDED MAPLE SYRUP AND SAUSAGE SERVED WITH PANCAKES

PLEASE USE SIDE DOOR

QUESTIONS CALL JOHN 210-9478

## **MEETING UPDATES.**

Monday NOTRE DAME 7:30 p.m. Shipwrecked Hammes Mowbry Hall Rm. 319 Young People's Meeting

Tuesday

SOUTH BEND 8:00 p.m. Hope Ministries 432 S. Lafavette Open Meeting

Wednesday

SOUTH BEND Noon Sister Maura Brannick Clinic 326 Chapin St. **Traditions Meeting** 

Wednesday (cont.) SOUTH BEND 8:00 p.m. Matt Talbot Group NO LONGER MEETING

**Thursday** SOUTH BEND 3:00 p.m. Glimmer of Hope 4923 E. Hope Ave. Big Book Meeting

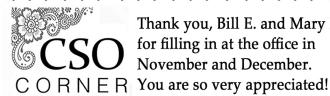
Friday MISHAWAKA 10:00 a.m. Riverview 500 500 Lincolnway East Big Book Study



And we have ceased fighting anything or anyone even alcohol. For by this time sanity will have returned. We will seldom be interested in liquor. If tempted, we recoil from it as from a hot flame. We react sanely and normally, and we will find that this has happened automatically. We will see that our new attitude toward liquor has been given us without any thought or effort on our part. It just comes! That is the miracle of it.

Thought to Consider . . . Don't give up before the miracle happens.

Alcoholics Anonymous, pp. 84-85



Thank you, Bill E. and Mary K. for filling in at the office in November and December.

The CSO Office Committee is looking for new members. The requirement to be on this committee is 3 years of sobriety. For more information, please, contact the CSO or any member. Thank you!



January 21 - Brian K., 804 Group January 28 - Eric K., 804 Group

February 4 - Justin R., Rebellion Dogs

February 11 - Jeff C., T Group

February 18 - Bob D., 50 Minutes

February 25 - Nick S., 804 Group

Fellowship House at 7:30 p.m.



**NOVEMBER** 

Dave K. Step Up 29 years

**DECEMBER** 

Chris D. T Group 3 years

Marianne P. Monday Night Step 23 years Greg F. Ramblers II 9 years

Mike C. Monday Night Step 7 years

Chuck L. Monday Night Step 6 years

**Helen K.** Monday Big Book 1 year

Jim J. 804 Group 4 years

**JANUARY** 

Edith S. Ramblers 2 years

**David M.** Portage Group 40 years

Sharyn A. Ivy Group 3 years

BobbieLee H. 50 Minute Group 24 years

**Bob D.** 50 Minutes 23 years

Bob Mc. Area Hall 14 years



**Cleveland Road Group** Got To Want It **Higher Power Group** 

**Turning Point** 

Ramblers II Ivy Group

**Sunday Night Live** 

As Bill Sees it

RUTS

Simple Group

**Portage Group** Area Hall 804 Group

Friday Night Topic at Grace

**New Day Group** Riverview 500

Sister Maura Brannick

**Evening Recover at the Hope** 

Birds of A Feather **Saturday Night Live** 



FOOT BALL



Where: FELLOWSHIP HOUSE 1438 E. CALVERT STREET SOUTH BEND, IN 46613

When:

SUNDAY FEBRUARY 12TH. 2023 DOORS OPEN 4:00PM KICKOFF 6:35PM



PIZZA, CHICKEN, POP, COFFEE & WATER

Please bring a dessert Donations accepted

### AA Newsletter Archive...January 1998!

In the new year, I will live one day at a time. I will make each day one of preparation for better things ahead. I will not dwell on the past or the future, only on the present. I will bury every fear of the future, all thoughts of unkindness and bitterness, all my dislikes, my resentments, my sense of failure, my disappointments in others and in myself, my gloom and my despondency. I will leave all these things buried and go forward, in this new year, into a new life.

Happy New Year!

## Michiana Central Service Office Statement of Activity December 2022

GROUP INCOME		EXPENSES	
Experience Strength and Hope	\$215.85	Accounting Fees	\$150.00
Friday Night Fellowship Group	\$545.00	Advertising	\$97.30
Got To Want It	\$80.50	Bank Service Charge	\$10.66
Happy Lunch Bunch	\$142.80	Literature	\$1,065.22
Hearing Meeting	\$127.00	Office Supplies	\$78.72
Ivy Group	\$60.00	Payroll	\$1,691.25
Merriment Group	\$207.00	Payroll Taxes	\$129.36
Monday Night Steps Grace	\$150.00	Answering Service	\$110.60
New Freedom	\$445.86	Rent	\$550.00
Otherside Group	\$100.00	Special Events	\$12.00
Portage Group	\$249.00		
Riverview 500 Mtg	\$11.00		
Sister Maura Brannick Clinic Mtg	\$10.00		
Sunrise Serenity in Sobriety	\$209.50		
T Group	\$278.40		
Three Minute Step	\$242.00		
Matt Talbot	\$240.00		
TOTAL GROUP INCOME	\$3,313.91	TOTAL EXPENSES	\$3,895.11
OTHER INCOME			
CSO Basket	\$42.00		
Literature Sales	\$727.07		
Misc. Contriubtion	\$300.00		
Coffee Can Fund	\$25.84		
Interest	\$3.36		
Subscription Newsletter	\$90.00		
		Net Income for October	\$607.07
TOTAL INCOME	\$1,188.27		
TOTAL ADDED INCOME	\$4,502.18		