

May 21, 2026

Michian AA Newsletter

CSO/Intergroup Office Committee

Chair:	Andy L.
Co-Chair:	Open
Treasurer:	Adam W.
Secretary:	Becky C.
Member:	Open
Member:	Brian M.
Member:	Eric K.
Member:	James H.
Member:	Mary G.
Office Manager:	Heidi M.
Correction Facilities:	Mike D.
Grapevine:	Open
Newsletter:	
Cooperation Professional Community:	
Public Information:	Jeanine B.
Special Events:	Open
Treatment Facilities:	Mary K.
Website:	Marie F.

The Intergroup Meeting will be held
April 16, 2026 at First United Methodist
Church at 333 N. Main St., South Bend,
IN at 6:30 P.M.

If you are no longer an Intergroup Rep.,
please call the office at 234-7007.

Don't forget your birthdays!



Fifth Tradition

**Each group has but one
primary purpose -
to carry its message
to the alcoholic
who still suffers.**

"I hate to spoil the ending..."

...but everything is going to be okay." A friend sent me this message when I was at a low point and I cynically thought, "Yeah, right!" I have found that when the shit hits the fan, I tend to awfulize or imagine the worse possible thing that could happen. I develop a new health condition and predict I will end up in a substandard nursing home, alone and incapacitated.

Reorganizations happen at work, and I assume I'll be fired, won't be able to find a new job, and will deplete my retirement funds. You get the picture, right?

One of the things I love about AA is that you can share thoughts like these at meetings and everyone will laugh because they can relate! The program warns us, however, that "stinkin thinkin" can pave the way to a relapse. Awfulizing can give you a slew of reasons why you *deserve* a drink.

What can you do if you are awfulizing? One thing I do is to tell on myself. Sharing my negative thoughts with a friend or at a meeting gets them out of my head and out in the open where I can deal with them. Doing something for someone else also puts me (and often another person) in a positive frame of mind. Practicing Step 11 gives me relief from negative thinking as well; it helps me to live in the present rather than the future and connects me to my spiritual center.

As a friend in the program told me, "Life is to be enjoyed-not endured." Don't let awfulizing steal your joy!

I hope you have an awfully good day! 😊

Gail M.

**We accept
Debit/Credit cards!**
Now accepting  Apple Pay

Office Hours
Monday & Wednesday 1-5pm
Tuesday & Thursday 9am -1pm
Friday noon to 4pm

NOTE: Flyers accompanying this newsletter and announcements within are presented in the spirit of cooperation and are not necessarily affiliated with A.A. or the Michiana Central Service Office/Intergroup.

Anniversaries

April

Alan S. 21Yrs. Mon. Simple Group
 Rob A. 38Yrs. 2nd. Chance Group
 Molly M. 21Yrs. 2nd. Chance Group
 Jacquie H. 15Yrs. 2nd. Chance Group
 Janet H. 21Yrs. 2nd. Chance Group
 Kahri C. 2Yrs. Ramblers II
 Brad S. 35Yrs. Ramblers ii
 Bill 32Yrs. Candlelight
 Carla 3Yrs. Upper Room
 Dan W. 13Yrs. Mon. Simple Group
 Bridget 3Yrs. T-Group
 Cary 46Yrs. 50 Minute Group
 Scott 5Yrs. 804 Group
 Mary Beth S. 34Yrs. Young and Restless

Dan W. 14Yrs. Beginners GP
 Eric W. 4 Yrs. Area Hall
 Vicki 8Yrs. New Freedom GP

May

Maggie M. 5Yrs. Ivy Group
 Kathy K. 33Yrs. Ivy Group
 Diane M. 20Yrs. Ivy Group
 Becky M. 4Yrs. Ivy Group
 Nate R. 4Yrs. Portage Group
 Bobby N. 1Yr. Ramblers II

June

Kelly G. 8Yrs. Ramblers II
 Aaron P. 2Yrs. Monday Simple Group



CSO MEETING ATTENDEES

2nd Chance

Portage

Sober Sparrows

There is Hope

Tuesday Step Niles, MI

Step by Step

There is a Solution

Birds of a Feather

Ivy Group

Higher Power Group

Ardmore Group

Ramblers-Fellowship

Area Hall

Step 5:

"Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

Alanon Picnic & Speaker

June 27, 2026



Air Conditioned

Lower Level

Willow Creek Church

(14010 Jefferson Blvd., Mishawaka)

5:30 pm Social

6:00 pm Potluck Dinner

7:30 pm Al-Anon Speaker

Kaylee O.- Listen & Learn

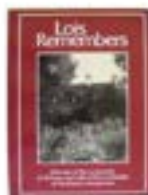
All are WELCOME
 AA Al-Anon Alateen

Guessing Jars &
 50/50 Drawing

Fried Chicken &
 Ice Cream Sundaes



LOIS W. Co-Founder



Celebrating 75 years. One Purpose
 1951-2026



Alcoholics Anonymous

Newcomers Workshops

Starting on Saturday, June 6, 2026

Serenity Hall – 949 Middlebury Street, Elkhart, IN 46516

Newcomer Workshop A – Saturday 9:00 am – 9:55 am

Newcomer Workshop B – Saturday 10:05 am – 11:00 am

- These workshops are an introduction to the program of Alcoholics Anonymous covering the first three steps as well as other important pieces of the program.
- Chaired by individuals who have maintained sobriety through the program of AA
- Workshops will be interactive with participation from all attendees
- Stay for one workshop or stay for both. Each workshop will qualify for a signature! ✓ ✓



FELLOWSHIP Pancake Breakfast



WHERE: FELLOWSHIP HOUSE
1438 E. CALVERT, SOUTH BEND, IN
WHEN: 1ST. SUNDAY OF EVERY MONTH
\$3.00 DONATION
TIME: FOOD SERVED AT 8:30 AM
COFFEE AND JUICE PROVIDED
MAPLE SYRUP AND SAUSAGE SERVED WITH PANGAKES
PLEASE USE SIDE DOOR
QUESTIONS CALL JOHN 210-9478

Founders Day Cookout and Speaker Meeting

Sunday June 21 2026
Potawatomi Park South Bend
2000 Wall Street
Pavilion 1

Speaker: Tom C.

Setup 11am
Lunch 1pm
Speaker 2:15pm



Burgers, Brats, Lemonade, Tea & Water Provided
Please Bring a Side dish or Dessert to Share

Tickets \$5.00



Hosted by the Special Events Committee &
Michiana Central Services Office
Contact Michiana CSO @ 574-234-7007
818 E. Jefferson Blvd. Ste. A South Bend, IN.
<https://www.michianasober.com>

Scan Here to receive
The Michiana
Newsletter
in your Email

Area Hall's: HAPPY SOBER BIRTH MONTH!

Stay witty, Fun and lovable.
Enjoy your Birthday.
Celebrate the last Sunday of every
month. From 6:00 to 7:00pm.
in the Conference room.

SATURDAY NIGHT LIVE

May 23 - Terri C. Fellowship house
May 30 - Mike S. Prayer & Med.
June 6 - Jay L. Other Side Group
June 13 - Dave H. Alano Club
June 20 - Georgia - W. Noontimers
June 27 - James P. Prayer & Med.

Fifth Step Prayer

Higher Power,

My inventory has shown me who I am.

Yet I ask for your help

In admitting my wrongs to another person and to you

Assure me, & be with me, in this step.

For without this step I cannot progress in my recovery

With your help I can do this.

Amen

Service keeps You Sober.

Come join and be a part
of the CSO.

We have many open
Service Positions:

Co-Chair
Board Member (2)
Grapevine
Newsletter
Co-Chair Events

Michiana Central Service office/Intergroup
818 E. Jefferson Blvd. South Bend, IN. 46617
Phone 574-234-7007

E=mail: aa_michiana@sbcglobal.net
Visit us online at: www.michianasober.com

Michiana CSO Statement of Activiy 2026

GROUP INCOME

MONTH-TO-DATE CONTRIBUTIONS \$ 1,346.40

OTHER INCOME

Coffee Can Fund	\$ -
CSO Basket	\$ 45.00
Birthday Club	\$ -
Interest Income	\$ 33.77
Literature Sales	\$ 344.05
Misc. Contribution	\$ 100.00
Misc. Income	\$ -
Newsletter Subscription	\$ -
Special Events	\$ 1,321.50

TOTAL OTHER INCOME \$ 1,844.32

TOTAL ADDED INCOME \$ 3,190.72

EXPENSES

Accounting Fees	\$ -
Advertising	\$ 58.05
Answering Service	\$ 128.40
Bank Service Charge	\$ -
Literature	\$ 428.45
Office Supplies	\$ 119.15
Payroll	\$ 1,149.76
Payroll Taxes	\$ 1,719.99
Payroll Liabilities	\$ -
Misc. Expense	\$ 468.00
Quicken Subscription	\$ -
Rent	\$ 550.00
Special Events	\$ 327.88
Square Fee	\$ 5.14
Workers Comp Insurance	\$ -

TOTAL EXPENSES \$ 4,954.82

Net Income \$ (1,764.10)



YEAR-TO-DATE CONTRIBUTIONS \$ 7,675.11

GROUP INCOME	MTD	YTD
12&12 Group, St. Paul Episcopal Church	\$ -	\$ 80.00
50 Minutes, R.B. Francis Library	\$ 89.00	\$ 195.62
804 Group, Christ the King Lutheran	\$ -	\$ 83.40
814 Group, 814 East LaSalle	\$ 200.00	\$ 350.00
All About Me, Fellowship House	\$ -	\$ -
Anonymous Group	\$ -	\$ -
Ardmore Group, Oak Tree Community Church	\$ -	\$ -
Area Hall Groups	\$ -	\$ 180.00
As Bill Sees It, 1st United Methodist	\$ -	\$ -
Auggies Group, South Side COG	\$ -	\$ -
Bare Bones, South Side Christian Church	\$ -	\$ -
Beginners Meeting, Fellowship House	\$ -	\$ -
Big Book Buddies, Fellowship House	\$ -	\$ -
Big Book Study Group, 1st UMC	\$ -	\$ -
Big Book, Fellowship House	\$ -	\$ 160.00
Birds of a Feather, East Methodist Church	\$ -	\$ -
Buchanan Serenity	\$ -	\$ 240.00
Candlelight, Fellowship House	\$ -	\$ -
Center for the Homeless	\$ -	\$ -
Cleveland Road Group, Clay Methodist Firehouse	\$ -	\$ 193.00
District 39	\$ -	\$ -
East Race for Sobriety, Sunnyside Presbyterian Church	\$ -	\$ -
Experience, Strength and Hope, Timberland Church	\$ -	\$ 141.96
Friday Night Fellowship, Grace Methodist Church	\$ 200.00	\$ 200.00
Friday on My Mind, Fellowship House	\$ -	\$ -
Four Square Group	\$ -	\$ -
Got to Want It, Northwest Methodist	\$ -	\$ 80.00
Granger Noon Group, St. Pius Church	\$ -	\$ -
Greek Church Meeting	\$ -	\$ -
Happy Lunch Bunch, 415 E. Madison	\$ -	\$ 240.00
Higher Power Group, St. Joseph Parish	\$ -	\$ 350.00
Hope Ministries Group	\$ -	\$ -
Ivy Group, Zion Church	\$ -	\$ -
Keep It Simple, Granger Missionary Church	\$ -	\$ 140.00
Meditation Meeting, Zion Church	\$ -	\$ 420.00
Michiana Conference	\$ -	\$ -
Mishawaka 4 Square, Methodist Church	\$ -	\$ -
Monday Night Step, Grace Methodist Church	\$ -	\$ 342.00
Moose Group, Christ the King Catholic Church	\$ -	\$ 149.40
Morning After Group, Fellowship House	\$ 226.80	\$ 226.80
New Freedom, Timberland Church	\$ -	\$ 87.60
Niles Friday Night Topic	\$ -	\$ 113.00
Niles Grapevine	\$ -	\$ -
Noontimers, Fellowship House	\$ -	\$ 162.00
Odd Couple, Osceola Methodist Church	\$ -	\$ -
Old Group, Oak Tree Community Church	\$ -	\$ -
Otherside Group, South-Side Christian Church	\$ -	\$ 300.00
Portage Group, 1st Methodist Church	\$ -	\$ -
Potawatomi Meeting in the Park	\$ -	\$ -
Pots Group Niles	\$ -	\$ 196.00
Prayer and Meditation, Zion Church	\$ -	\$ 208.47
R.U.T.S., Christ the King Lutheran	\$ -	\$ -
Ramblers II, Fellowship House	\$ -	\$ -
Rebellion Dogs, Timberland Church	\$ -	\$ 43.00
Riverview 500, 500 Lincolnway East	\$ -	\$ -
Saturday Night Live, Fellowship House	\$ -	\$ 432.00
Second Chance Group, Holy Cross College	\$ 378.00	\$ 688.00
Shipwrecked	\$ -	\$ -
Simple, Fellowship House	\$ -	\$ -
Sisters In Sobriety, Timberland	\$ -	\$ 84.65
Sober Sparrows	\$ 108.00	\$ 185.00
Sobriety for Freedom, Fellowship House	\$ -	\$ -
St. Michael's Big Book	\$ -	\$ -
Starbuck Group, Fellowship House	\$ -	\$ -
Step By Step, Church of the Savior	\$ -	\$ 70.00
Still Workin It, Fellowship House	\$ -	\$ -
Sunday Night Live Group, Christ the King Lutheran	\$ -	\$ 213.81
Sunday Night Serenity, 1st United Methodist	\$ -	\$ -
Sunrise Serenity in Sobriety, Security Building	\$ -	\$ 200.00
"T" Group, Timberland Church	\$ -	\$ 180.00
There is Hope	\$ -	\$ 50.00
There Is A Solution, Church of the Savior	\$ -	\$ 70.00
Three Minute Step, Christ the King Lutheran	\$ 144.60	\$ 287.40
Willow Creek Friday, Willow Creek Methodist	\$ -	\$ -
Turning Point, Northwest Methodist	\$ -	\$ 75.00
Wake Up Call, Fellowship House	\$ -	\$ -
Young & Restless, Fellowship House	\$ -	\$ 257.00
You're OK, Fellowship House	\$ -	\$ -