OCTOBER 21, 2021

MichianAA Newsletter

Michiana Central Service Office/Intergroup
818 E. Jefferson Blvd. South Bend, IN 46617
Phone: 574-234-7007
E-mail: aa_michiana@sbcglobal.net
Visit us online at: www.michianasober.com

New Office Hours

We accept Debit/Credit cards!

Office Hours
Monday & Wednesday 1-5pm
Tuesday & Thursday 9am –1pm
Friday noon to 4pm

CSO/Intergroup Office Committee

Chair:	Brenda W.
Co-Chair:	Mike F.
Treasurer:	Cindy F.
Secretary:	Brendan O.
Member:	Judy G.
Member:	Ed W.
Member:	VR S.
Member:	Andy L.
Office Manager:	Lisa G.
Correction Facilities:	Mike D.
Grapevine:	Emily S.
Newsletter:	Marc B.
Professional Committee:	Ann N.
Public Information:	Open
Special Events:	Andy L.
Treatment Facilities:	Dave Y.
Website:	Brendan O.
	Tara S.

Intergroup Meeting

The Intergroup Meeting will be held November 18, 2021 at the First United Methodist Church at 333 N. Main St., South Bend, IN at 6:30 P.M.
If you are no longer an Intergroup Rep. please call the office at 234-7007.
Don't forget your birthdays!

Step Ten "Continued to take personal inventory and when we were wrong promptly admitted it."

Freedom from Fear!

The Tenth Promise is, "Fear of people and of economic insecurity will leave us."

I was in the program for just a short time when I heard about and read the Promises. Someone referred to them as "guarantees". The one dealing with fear of people and economic insecurity really got my attention. At first it looked like two separate Promises dealing with completely different areas of my life-people and money. I can remember thinking, "someday, when this Promise comes to pass, everybody will like me and I'll have all the money I could ever want!" But I was seeing what I wanted to see instead of what was there. It took more than just a few 24 hours to understand that's not the message of this Promise at all.

Fear of people was a major problem area for me toward the end of my drinking career. I was afraid of simple things like walking out to the mailbox for fear someone might see me. I wouldn't answer the telephone. I constantly avoided people I knew. I wasn't able to look another person in the eye. I was sure everyone was taking my inventory. Today, I know that much of my fear was legitimate because of the harm I had done to a lot of those people. Lies and deceit were a way of life. Embarrassing situations which I couldn't fully remember "the day after" were commonplace.

Doing a searching and fearless 4th and 5th Steps and later making the amends called for in Step 9 has freed me of a lot of those fears. I can face people without fear today. I don't have to hide, hang my head, look over my shoulder or walk on the other side of the street-as long as I make those simple, but sometimes difficult Steps. I also realized that I sometimes make those important Steps difficult because of my pride and ego!

The second half of this Promise dealing with economic insecurity took longer for me to understand. Looking back, I was never happy for long when I was drinking no matter how much I had. Most of my economic insecurity was caused by "bigshotitis", demanding more than my fair share, looking for the fast buck, the big deal or a free lunch.

So much of my economic insecurity wasn't based on today, but rather on my projections into the future. It seemed to be a fear of impending doom. A better understanding of my Higher Power today is helping me to believe that He wants nothing but the best for me. My needs (not always my wants) are being met on a daily basis. He knows those needs much better than I do! I have no doubt they'll be met tomorrow-when it comes. I just have to live in the now-one day at a time.

_anonymous local member circa October 1989

NOTE: Flyers accompanying this newsletter and announcements within are presented in the spirit of cooperation and are not necessarily affiliated with A.A. or the Michiana Central Service Office/Intergroup.

Gratitude Dinner

Saturday November 20 , 2021

Spaghetti, Salad & garlic bread

Water, Coffee & Orange drink Provided

Please bring a dessert to share.

Speaker:
Tim & Marybeth S.

Times: Doors open 5:30
Dinner 6:00
Speaker 7:00

Clay Firehouse Church

17646 Cleveland Rd.
South Bend, Indiana

Tickets $6.00

(Advanced ticket sales only)

Hosted by the Michiana Central Service Office
and the Special Events Committee

Contact Michiana CSO @ 574-234-7007
818 E Jefferson Blvd., Suite A, South Bend
Visit http://michianasober.com

UNITY SERVICE RECOVERY

SATURDAY NIGHT LIVE

Please note: Saturday Night Live has moved to the Fellowship House at 7:30 p.m.

October 23 - Steve T., 3 Minute Step
October 30 - AlAnon, being held at Willow Creek
November 6 - Barb J., Area Hall
November 13 - Rosemarie K., Birds of a Feather
November 20 - Brendan O., Double Serenity
November 27 - Mary K, Experience, Strength and Hope

CSO CORNER

Thank you, Mary K. for filling in at the office so I could take some time in September. You are greatly appreciated!

The Office Committee is looking for new members. For more information, contact the CSO at (574)234-7007, or any Office Committee Member. Thank you!

ThanksGiving Dinner

Fellowship House

Thursday
Nov. 25, 2021
Dinner starts 1:15pm.

ALL Meetings held as Usual.

Doors open 7:00 am

Doug R : 574-855-0736
Andy L : 574-229-2304

Please bring a Dish or Desert to Share

Group Donations Welcome

TENTH STEP CHECKLIST

1. CONSCIOUS CONTACT
   a. DID I start my day with a conscious contact with god as I understand Him?
   b. DID I start my day with "PLEASE"?
   c. DID I start my day asking for sobriety and guidance?
2. DID I try to be pleasant to everyone?
3. DID I go out of my way to be kind or to do a good deed for someone?
4. DID I demonstrate gratitude in my life?
5. DID I totally reject resentment?
6. DID I resist the PLOMS? (poor little old me's)
7. DID I indulge in any _____ (your favorite character defect)
8. DID I resist the temptation to gossip or criticize?
9. DID I have an A.A. contact today?
10. DID I renew at any time during the day my conscious contact with God, as I understand Him?
11. Will I close my day with "THANKS"?
12. _____
    _____
    _____
    (fill in your own or another persons favorite daily aid to sobriety)

ANNIVERSARIES

SEPTEMBER

Chris M. 2nd Chance 36 years
Jim R. 2nd Chance 22 years
Marybeth S. 2nd Chance 10 years
Kathy T. 2nd Chance 6 years

OCTOBER

Sarah A. Buchanan Serenity 4 years
Heather M. Buchanan Serenity 1 year
Therese Buchanan Serenity 31 years
Mary Ann D. Step by Step 34 years
James H. Step by Step 2 years
Royer D. 2nd Chance 11 years
Kathleen M. 2nd Chance 7 years
Erik C. 2nd Chance 8 years
John B. As Bill Sees It 5 years
Becky C. Area Hall 26 years

Michiana Area Groups
Christmas Social

WELCOME
AA-ALANON-ALATEEN
VOLUNTEERS NEEDED

Where: FELLOWSHIP HOUSE
1438 E. CALVERT STREET
SOUTH BEND, IN
(Meetings Every Hour)

When: FRIDAY DECEMBER 24TH 6:00PM-?
SATURDAY DECEMBER 25TH 8AM- 8PM

HAM, POTATOES, POP, WATER & COFFEE PROVIDED
Please bring side dish or dessert

Drawing for TV to be held
New Year's Eve

Group Donations accepted
please take to
CSO or Fellowship House

Birds of A Feather	Young at Heart
Saturday Night Live	Portage Group
Friday Night Topic	2nd Chance
Ivy Group	Beginners Group
804 Group	Auggies
Bremen Muncy	Cleveland Road Group
Higher Power Group	Sunday Night Live
Moose Group	There is a Solution
Potawatomi Meeting in the Park	Step by Step

Where:
FELLOWSHIP HOUSE
1438 E. CALVERT STREET
SOUTH BEND, IN
(Meetings Every Hour)

When:
FRIDAY DECEMBER 31ST. 6:00PM- ?

SATURDAY JANUARY 1ST. 8:00AM-8:00PM

HAM, POTATOES, POP, WATER & COFFEE PROVIDED
Please bring side dish or dessert

Drawing for TV to be held
New Year's Eve

Group Donations accepted
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Michiana Central Service Office
Statement of Activity September 2021

GROUP INCOME	
Buchanan Serenity	$100.00
CSO Basket	$45.00
East Race for Sobriety	$12.00
Higher Power Group	$487.00
Ivy Group	$60.00
Merriment Group	$150.00
Moose Group	$1,210.00
New Freedom	$175.32
Otherside Group	$100.00
Saturday and Sunday Sunrise	$60.00
Second Chance Group HCC	$250.00
T Group	$252.00
Women's Emotional Sobriety	$60.00
TOTAL GROUP	**$2,961.32**

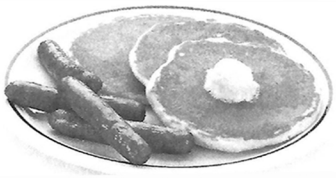
EXPENSES	
Advertising	$0.00
Answering Service	$111.20
Bank Service charge	$9.06
Accounting fees	$0.00
Literature	$1,237.81
Office Supplies	$15.13
Payroll	$1,086.50
Payroll Taxes	$83.12
Printing and Copying	$12.06
Rent	$550.00
Postage	$0.00
Special Events	$0.00
TOTAL EXPENSES	**$3,104.88**
Net Income for September	**$549.97**

OTHER INCOME	
Birthday Club	$0.00
Coffee Can Fund	$0.00
Literature Sales	$677.95
Miscellaneous Revenue	$15.00
CSO Fundraiser	$0.00
Interest Income	$0.58
Special Events Committee	$0.00
TOTAL OTHER	**$693.53**
Total Revenue	**$3,654.85**

MICHIANA CONFERENCE 2022

Help make it a reality!
Committee chairperson and members are needed. Interested? Contact the CSO Office. *Thank you!*

FELLOWSHIP Pancake Breakfast



WHERE: FELLOWSHIP HOUSE
1438 E. CALVERT, SOUTH BEND, IN
WHEN: 1ST. SUNDAY OF EVERY MONTH
$3.00 DONATION
TIME: FOOD SERVED AT 8:30 AM

COFFEE AND JUICE PROVIDED
MAPLE SYRUP AND SAUSAGE SERVED WITH PANCAKES

PLEASE USE SIDE DOOR

QUESTIONS CALL JOHN 210-9478

EDITOR'S NOTE

Please, have all information for the newsletter into the CSO by the end of the month prior to when it is to be published in the newsletter. Also, we are looking for personal stories from within our community to publish in the newsletter. Thank you!